



# Snowtown Primary and Preschool News



Term 1, Week 6 - 9th March 2022

**TRUST**

**RESPECT**

**HONESTY**

**KINDNESS**

**LISTENING**

## DIARY DATES AND REMINDERS

**SPORTS DAY**  
Friday 18th  
March 2022

**PUPIL FREE  
DAY**  
Monday 4th  
April 2022

### REMINDER

During Term 4 & Term 1 in the case of catastrophic fire danger, the school will be closed and the school bus will not operate. On all other days, the school has a Bushfire Action Plan that sets out what we do in the event of a fire front approaching the town. Part of this plan is an identified Refuge (School Activity Hall) where students and staff stay until the front has passed.

### ASSEMBLIES

Assemblies are held at **2.40 pm** in the common room Weeks 3, 5, 8 & 11 **ALL WELCOME**

### HATS

Students are required to wear broad brimmed hats outside all year round.

Principal: Trish Boschetti  
31 Glen Davidson Dr  
SNOWTOWN SA 5520  
Ph: 8865 2006  
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Mobile: 0488 987 957  
General inquiries:  
dl.0742\_info@schools.sa.edu.au



Government of South Australia  
Department for Education

## Principal News



With the easing of restrictions after Week 4 we are full steam ahead for our Sports Day with Port Broughton and Bute. We have been practising all term and it has been wonderful to see everyone's fitness and skill level increasing. Miss Wilkinson has been putting everyone through their paces during Tabata workouts and Mrs Carroll and Mrs Burford are certainly keen to have further ball games success. Every child's participation contributes to our team points and hopefully a shield win.

## SLT and School Captains

It is a pleasure to welcome our 2022 Student Leadership Team. Our SLT applicants all wrote persuasive pieces to secure their votes and our School Captain candidates did an exceptional job of delivering their speeches at our first outdoor assembly for the year.



### School Captains

Gracie Stringer

Kartia Altmann

### Student Leadership Team

R/1 - Alfie  
Wilkinson

2/3/4 - Millie  
McCormack

R/1 - Elsie Stringer

2/3/4 - Harry  
McGregor-Dunn

2/3/4 - Alex  
Flynn

5/6 - Silas  
Everson

## Site Improvement Plan and Preschool Quality Improvement Plan

The school is starting a new 3 year cycle of site improvement with two priorities and the preschool is in the third year on a numeracy focus.

### School Writing

Focus on cohesion and  
spelling across all text  
types.

### School Maths

Focus on Resolving a  
situation involving  
Mathematics using the  
STAR Model

### Preschool

Numeracy Learning  
Processes—  
communicating,  
reasoning, patterning,  
noticing, sorting,  
wondering, comparing,  
patterning and  
generalising.

## COVID Safe Practices

There are some COVID-safe practices that will remain until later this term including:

- ♦All adults must wear a face mask when indoors (including parents at Playgroup) and social distance
- ♦Children in Year 3-6 are encouraged to wear masks when indoors
- ♦Windows and doors will remain open with air-conditioners on to encourage natural air flow and circulation through classrooms
- ♦Good hygiene practices (regular handwashing and hand sanitising)
- ♦Extra cleaning of classrooms and high touch areas (like door handles)
- ♦Gate drop off and pick up at school and verandah drop off and pick up at Kindy.

Please remember to keep your child home if they are unwell. If they have any symptoms please take them for a PCR test (much more reliable than a RAT test) and notify the school of a positive result.

Thank you to all families for their ongoing support with COVID requirements and helping to keep our school community safe.

## Bushfire Preparations

Snowtown Primary School and School Based Preschool is classed as a R2 site and we close on all days where the forecast for the Mid North Region is Catastrophic. No-one, including teachers and school staff, is allowed onsite on a catastrophic day.



We will notify parents via a phone call or text if the forecast is for a catastrophic day.

If the forecast is for a total fire ban day, we cancel all offsite events (such as excursions etc.). Parents will be notified via Facebook and text.

We regularly practice our Bushfire evacuation procedures in Term 1 and 4 so that all students and school staff are familiar with what to do. Our shelter in place point is the School Hall.

Our most recent practice was conducted with ease and the Preschool and Childcare staff could all hear the bell from across the road.



## Governing Council

Thank you and Congratulations to our Governing Council representatives for 2022. We held our AGM via TEAMS online on the 15th February.

### GOVERNING COUNCIL 2022

#### Chairperson

Nick McCormack

#### Deputy Chairperson

Jemma Michael

#### Secretary

Sarah McGregor

#### Treasurer

Nicole McCormack

#### Committee Representatives

Glen Wilkinson

Megan McGregor

Zoe Bernhardt

Matthew Wilkinson

#### Finance

Meghan Stewart

Glen Wilkinson

#### Assets/Grounds

Matthew Wilkinson

Nick McCormack

Glen Wilkinson

#### Library

TBA

#### Dress Code

Jemma Michael

#### Pool

Megan McGregor

Nicole McCormack

#### Concert & presentation

Jemma Michael

Zoe Bernhardt

#### Kids Matter & Wellbeing

Jemma Michael

Megan McGregor

Sarah McGregor



# LIFE CYCLES

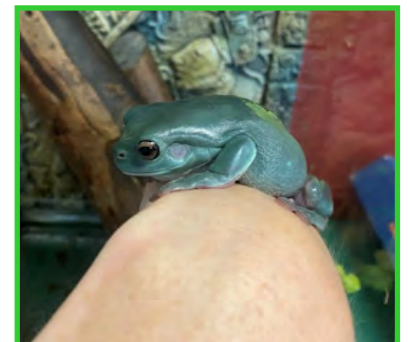
In Science this term, we have been learning about life cycles. We have looked at the life cycles of different animals and insects as well as our own life cycle.

Miss Wilkinson brought in a special guest to our class. An Australian Green Tree Frog called Cermet. We have been learning about the lifecycle of a frog and some other cool facts about frogs.



## Australian Green Tree Frog facts:

- \* They live up to 16 years on average.
- \* They can reach 10 centimetres in length.
- They are bright green when they are happy but fade to dark green or brown when they are unhappy and cold.
- \* The fingers of the frog have webbed feet for swimming and a large pads on the end of their toes for sticking to things.
- \* They like to live in cool, moist places.
- \* The green tree frog has flat ears.



# SPORTS DAY BOOTCAMP

The whole school has been busy getting ready for this year's Sports Day. We have been building our fitness and practising our skills every morning. We have also been talking about healthy choices we can make to help fuel our bodies.



*"My favourite part is Tabata because we get to exercise to music."* Violet

*"My favourite thing about bootcamp is doing Tabata because I love exercise."* Elsie



*"I like going under the hoops."* Benny



*"I love jumping the hurdles."* Logan

You are going  
to be GREAT.  
KEEP GOING.



*"I like Tabata because I like the mountain climbing."* Reggie



WELL DONE!



Well done to the Week 3 Assembly award recipients above .



Congratulations to the 2022  
Student Leadership Team



HARMONY DAY



EVERYONE BELONGS  
[www.harmony.gov.au](http://www.harmony.gov.au)

You are invited to attend the  
Snowtown Primary School and  
School Based Preschool

### **Harmony Day Afternoon**

Date: **Tuesday, 22<sup>nd</sup> March 2022**

Time: **1:50pm – 3:00 pm**

**Beginning outside on the front lawn.  
Remember to wear something orange.**

Parents/Caregivers are welcome to attend this event and need to complete the cut off slip below if they will be attending. Please remember to maintain 1.5m social distancing, wear your mask at all times and only attend this event if you are feeling well.

**Please note:** Parent places may be capped so get your form in early if you would like to attend.

Please return this section to the school/preschool by Monday, 21<sup>st</sup> March for our sign in records if you would like to attend this event.

Names of adults attending: \_\_\_\_\_

Contact phone number: \_\_\_\_\_

# PASTORAL CARE WORKER NEWS



## TEACH YOUR CHILD TO "RAIN" ON THEIR NEGATIVE THOUGHTS

**Our minds constantly create mental drama.** Sometimes it's so powerful that we actually believe it. And we make ourselves miserable because of it. When you teach your child to surround their negative thinking with compassion, it becomes easier for them to move on.



THE **RAIN TECHNIQUE** CAN HELP YOUR CHILD BECOME THEIR BEST FRIEND  
INSTEAD OF THEIR OWN WORST CRITIC.

RECOGNIZE → ALLOW → INVESTIGATE → NON-IDENTIFY

### **R** STEP 1: RECOGNIZE THE TROUBLING EMOTION OR THOUGHT

#### ASK YOUR CHILD:

"How are you feeling?"

"Where do you feel it in your body?"

#### THEY MIGHT SAY

"I'm so mad at myself for failing my spelling test. I am so stupid!"

### **A** STEP 2: ALLOW THE MOMENT TO HAPPEN

#### TELL YOUR CHILD:

"We need to let our thoughts and feelings just be there. Even if we don't like it. It's okay to feel this way."

### **I** STEP 3: INVESTIGATE WITH KINDNESS

#### ASK YOUR CHILD:

"When have you felt the same way before?  
What do you need right now?"

#### THEY MIGHT SAY

"I felt the same after my biology test...I'm bad at it too."

### **N** STEP 4: NON-IDENTIFY

#### TELL YOUR CHILD:

"Sometimes we have angry thoughts and feelings and it's okay. Our thoughts are not always true though so we can't believe them all the time. Our thoughts and feelings come and go. **They are not who we are.** You can pretend that your angry, sad feelings and thoughts are like clouds. Clouds pass, the sun comes out again, and you feel better."

I'm at school on Mondays and Tuesdays.

If you'd like more information, you can get in touch with me also through the school office.

My email is: [Sandra.Vangsness342@schools.sa.edu.au](mailto:Sandra.Vangsness342@schools.sa.edu.au)



**SOUTH AUSTRALIAN  
ROAD RUNNERS CLUB**

**FREE**

# Kids Fun Run

as part of the Clare Valley Running Festival

**Sunday 3 April 2022**

(Reception to Year 6)

Start from 10.30am

**AT CLARE PRIMARY SCHOOL**

**REGISTER ON THE DAY**

*All participants receive a Finishers Certificate  
and "Colour it yourself" runners bib*



Sponsored by Sportspower Clare  
Further details: <https://sarrc.org.au/>



Photo Day

**Tuesday 12th April 2022**

Information and order forms to  
come home soon.

## HEAT UP LUNCH DAY ON TUESDAYS



If your child/ren would like to use this service they will need to bring their lunch in an alfoil container or wrap their food in alfoil so the food can be heated in the pie warmer ready to eat at lunchtime.

**Please avoid sending your child to school with food that needs to be microwaved on other days of the week.**



family friendly \* inclusive

**Blyth-Snowtown  
CATS**

**JUNIOR  
NETBALL & FOOTBALL  
COME & TRY**

**THURSDAY  
17TH MARCH  
5PM @ BLYTH  
FREE BBQ**

Netball

15U: Born 2007-08

J1, J2 & J3: Born 2009-12

J4 & J5: Born 2013-15

Net Set Go: Born 2016-17

Football

U17: Born 2005-07

U14: Born 2008-09

U12: Born 2010-12

U9: Born 2013-15

Auskick: Born 2016-17

**NEW FAMILIES WELCOME**

**All skill levels welcome. No experience required**

For more information please contact

Football: Phillip 0417 824 600

Netball: Alice 0428 590 754

# TERM 1 PLANNER

WK	Mon	Tue	Wed	Thu	Fri
6	7 Clean Up Australia Day	8	9 Newsletter	10 Kindy	11 Playgroup
7	14 PUBLIC HOLIDAY Adelaide Cup	15	16	17	18 <u>SPORTS DAY</u>
8	21	22 Harmony Day Governing Council	23	24 Kindy	25 Playgroup Assembly
9	28	29	30 Newsletter	31	April 1 Playgroup
10	4. PUPIL FREE DAY	5	6	7 Kindy	8 Playgroup
11	11	12 <u>SCHOOL PHOTOS</u>	13 Newsletter	14	15 Good Friday Public Holiday

## **SCHOOL MATERIAL AND SERVICES FEES ARE NOW OVERDUE**

If you haven't yet paid your school fees please come and see Meghan or Trish at the front office about payment options.

### **Available Payment Options**

- \* EFTPOS
- \* Direct Credit
- \* Cash

